DSS-892
1/87

Commonwealth of Kentucky
Cabinet for Human Resources
Department for Social Services

DAILY ROUTINE FOR A PRESCHOOL CHILD

(0-5 Years of Age)

Child's Name:_____
Child's Age:_____
Date Form Completed:_____

SLEEP

What time does he get up in the morning?_____

What does he do on awakening - happy - cry - play quietly alone until gotten up?_____

Come into parents' room?_____

Does he dress before or after breakfast?_____ Does he sleep in a crib, junior or adult bed?_____

Does he have toys in bed?_____ If so, what?_____

Does he wet or soil bed?_____ If so, how does mother react?_____ How handled_____

_____

What time does he go to bed?_____ What does he take to bed?_____

Does he have stories read to him in bed?_____ Does he have light on in room or hall?_____

Is bedroom door open or closed?_____ Does he sleep in room alone or with someone else?_____

Does he have afternoon nap?_____ Does he stay in bed when put there or does he get up again?_____

If gets up, how is it handled?_____

Does he go to bed readily?_____ Does he cry himself to sleep?_____

Does he play or talk to himself before falling asleep?_____

Does someone stay with him until he's asleep?_____ Does he sleep well or lightly?_____

Does he awaken during night?_____ If so, how handled?_____

_____

Does he have nightmares?_____ If yes, explain._____

_____

Does he walk or talk in his sleep?_____

What routine is followed at bedtime?_____ What does he sleep in? Pajamas?_____

EATING

Does he feed himself or is he fed?_____ Does he sit in a highchair or at table?_____

Does he eat with family or alone?_____ Does he eat quickly or slowly?_____

If he refuses food, how handled?_____

What food does he like best?_____

What foods does he not like?_____

Does he eat with spoon or fork?_____

Does he take vitamins?_____ If so, what?_____ How much?_____ When given?_____

Does he drink from cup or glass?_____ Does he have any food allergies?_____

Does he ask for food between meals?_____ Is it given to him?_____

Does he eat same foods as adults or does he eat Junior foods?_____

Is he a picky or a good eater?_____

What does he usually eat for breakfast, lunch and supper?_____

_____

TOILET HABITS

Is he trained for bladder?_____ Bowels?_____ If so, when does he usually go?_____

Does he ask to go?_____ Does he use toilet or potty or child's seat?_____

Does he have special terms he uses to signify urination or bowel movements?_____

If he has an accident, how is it handled?_____

Does it bother him to have wet pants?_____ Can he go by himself or does he need help?_____

Is he taken to the bathroom at night? If so, when?_____

Does he wake up then?_____

Are fluids controlled after supper to avoid bedwetting?_____ Does he wet the bed?_____

BATH

Who usually bathes him?_____

What time does he have a bath? Morning? Night?_____

Does he enjoy bath? If not, how handled?_____

Does he have playtime in bath?_____

Does he bring toys to bathtub? If so, what?_____

Does he have any fear of water or bathing?_____

Does he mind hair washing? Is it done in tub or sink?_____

DRESS

Can he dress himself?_____ Does he need help?_____

Will he accept help?_____ Does he brush his teeth?_____

Does undressing signify bedtime or can it be done an hour or so ahead of bedtime?_____

Has he been to the barber?_____ Does he fear haircutting?_____

HEALTH

Does he pick up colds easily?_____
Does he get fevers easily?_____ Headaches?_____ Earaches?_____ Tummyaches?_____

Nausea?_____

_____

Has he had any communicable diseases?_____ If so which ones?_____

Does he have any allergies?_____ Will he accept staying in bed when sick?_____

PLAY

With whom does the child play?_____

Does he play alone well?_____

Can he amuse himself?_____ With what?_____

Does he play well with toys?_____ Is he able to share toys and belongings?_____

Does he make believe?_____ Does he like to draw?_____

Does he like to look at picture books?_____

What kind of toys does he like best?_____

Is he destructive in his play?_____ How long will he concentrate on one object?_____

Is his play meaningful?_____

Does he want someone to play with him?_____ If so, child or adult?_____

Does he play outside?_____ Does he prefer house or outside?_____

When outside, will he walk away or into the street?_____

Will he stay in a fenced-in yard happily?_____

SOCIALIZATION

Is he friendly with strangers?_____ Adults or children, or both?_____

Does he accept a babysitter?_____ Does he initiate conversation?_____

Does he cling to parents?_____ Is he affectionate?_____

Does he have a nickname?_____

What are the names of the people with whom he is familiar? What are their relationship to him?_____

What does he call foster parents?_____

Does he get along with siblings?_____

Is he inquisitive?_____ Is he at the "no" stage?_____

EMOTIONAL

Is he usually happy, sad, dull, vacant expression?_____

Does he laugh much?_____ When?_____

Does he cry much?_____ When?_____

Does he get overexcited?_____ When?_____ How handled?_____

_____

Is he easily frightened?_____

How does he show tiredness?_____

Does he tire easily?_____

Is he easily frustrated?_____ Over what?_____ How handled?_____

_____

Does he have annoying habits?_____ What?_____

_____

Does he show anger? Temper tantrums? Over what? How handled?_____

_____

_____

Does he show signs of tension, nervousness? How shown? When? How handled?_____

_____

_____

Does he rock, stare, hold breath, bite fingernails, or toenails, suck fingers or thumb, tics, bang head, scream, throw or tear things, escape into sleep, overeat, refuse to eat, grit teeth? (Circle those that apply).
Explain_____

_____

Is he given sedation? If yes, what is it._____

When upset, who does he go to? How handled?_____

_____

_____

Does he whine?_____ Sulk?_____ Irritate?_____ When?_____ How handled?_____

_____

How does he show jealousy?_____

TALKING

Does he jabber constantly?_____ Does he understand what is said to him?_____

Can he make his wants known and understood?_____

Does he talk in sentences?_____ Does he talk plainly?_____

Can strangers understand him?_____

DISCIPLINE

How often does he require discipline?_____

What methods of discipline are used?_____

How does he react to it?_____

When is it needed?_____

How long does it take him to get over it?_____

Who administers the discipline?_____

GENERAL

Does he watch television?_____ Can he ride a bicycle?_____

Does he mind wearing his glasses?_____ Can he manage without them?_____

SEXUALITY

What type of sex education has he received? _____

What is his knowledge of sexual matters? _____

Has he shown signs of having been sexually abused? In what ways? _____

_____

Does he exhibit any unusual sexual habits? _____

What?_____

Does he masturbate? _____ When? _____ Where? _____ How handled?

_____

Are there any concerns about child's sexual identity? (Homosexual) _____

_____