

Ansell-Casey Life Skills Assessment

Youth Level IV — Version 4.0

Instructions: These questions will ask you about what you know and can do. Please try to answer all the questions.

I am: Male Female

My current age (years): _____

My grade in school:

- 1st grade
- 2nd grade
- 3rd grade
- 4th grade
- 5th grade
- 6th grade
- 7th grade
- 8th grade
- 9th grade
- 10th grade
- 11th grade
- 12th grade
- Trade school
- In college
- Not in school
- Other

My race/ethnicity: (Please mark *all that apply* to you.)

- American Indian or Alaskan Native
- Asian Indian
- Black, African-American
- Chinese

- Filipino
- Guamanian or Chamorro
- Hispanic/Latino/Spanish
- Japanese
- Korean
- Native Hawaiian
- Other Asian
- Other Pacific Islander
- Other Race _____
- Samoan
- Vietnamese
- White

My *primary* race/ethnicity: *(Please mark only one)*

- American Indian or Alaskan Native
- Asian Indian
- Black, African-American
- Chinese
- Filipino
- Guamanian or Chamorro
- Hispanic/Latino/Spanish
- Japanese
- Korean
- Native Hawaiian
- Other Asian
- Other Pacific Islander
- Other Race _____
- Samoan
- Vietnamese
- White

If you are American Indian, Native American, or Alaska Native, please write your Tribal or Community Affiliation on the line below.

Postal (zip) code of your home address (for research purposes): _____

Mark the answer that best describes your current living situation:

- On my own (alone or shared housing)
- With my birth (biological) parents
- With my birth (biological) mother or father
- With my adoptive parent(s)
- With my foster parent(s) who is/are unrelated to me
- With relatives (not foster care)
- With relatives who are also my foster parents
- In a group home or residential facility
- In a juvenile detention or corrections facility
- With a friend's family (not foster care)
- At a shelter or emergency housing
- With my spouse, or partner, or boyfriend or girlfriend
- Other

How many years have you been in your current living situation? (If less than one year, enter "1")

_____ year(s)

I have a Social Security card: Yes No

I have a copy of my birth certificate: Yes No

I have a photo ID: Yes No

When completing this assessment, I am at the following location:

- Employment or vocational agency
- Youth/family community service agency
- School library, classroom, or computer room
- Public library
- Foster care agency
- Recreation facility (like YMCA, Boys/Girls Club)

- Where I live
- University
- Church, synagogue, temple, mosque, or religious facility
- Juvenile detention or corrections facility

Knowledge and Behavior Items Please circle the number (1, 2 or 3) that describes you best:

	Not like me	Somewhat like me	Very much like me
Career Planning			
1. I have used school resources to investigate different types of employment	1	2	3
2. I discuss education plans with teachers, employers, or counselors	1	2	3
3. I know of resources in the community that provide tutoring	1	2	3
4. I have explored work-related internships	1	2	3
5. I read to improve my work skills	1	2	3
6. I know the education required for the work I am interested in doing	1	2	3
7. I sometimes read materials to further my knowledge in a specific area	1	2	3
8. I have a career plan	1	2	3
9. I can find financial aid resources to further my education	1	2	3
10. I can name two reasons why personal contacts can be important in finding a job	1	2	3
11. I know where to find information about job-training	1	2	3
12. I can explain the difference between assertive and aggressive behavior	1	2	3
13. I can demonstrate two positive ways for dealing with discrimination	1	2	3

Daily Living

	Not like me	Somewhat like me	Very much like me
1. I plan nutritious meals	1	2	3
2. I evaluate my diet for nutritional balance	1	2	3
3. I eat a variety of healthy foods each day	1	2	3
4. I think about how what I eat impacts my health	1	2	3
5. I look at calories and fat content on product labels	1	2	3
6. I eat some vegetables each day	1	2	3
7. I use a shopping list at the grocery store	1	2	3
8. I compare prices to get the best value	1	2	3
9. I clean kitchen equipment after meal preparation	1	2	3
10. I can make meals using a recipe	1	2	3
11. I follow the directions on cleaning products	1	2	3
12. I check clothing-care directions when doing laundry	1	2	3
13. I use good table manners	1	2	3
14. I can access the internet	1	2	3
15. I can set up a free email account	1	2	3

Housing and Money Management

1. I can calculate the costs of car ownership (e.g., registration, maintenance)	1	2	3
2. I can describe how to monitor a checking account balance	1	2	3
3. I can describe how to develop a good credit rating	1	2	3
4. I can name three disadvantages of purchasing with credit	1	2	3
5. I know the typical fee charged for ATM transactions	1	2	3
6. I understand what is covered by liability car	1	2	3

	Not like me	Somewhat like me	Very much like me
insurance			
7. I know where to find tax information on a pay stub	1	2	3
8. I know how to find out about my credit rating	1	2	3
9. I can calculate housing start-up costs (e.g., application fee, security deposit)	1	2	3
10. I know where in my community one can get help for completing tax returns	1	2	3
11. I know the advantages and disadvantages of buying from a "rent-to-own" store	1	2	3
12. I know what information is asked for in an apartment rental application	1	2	3
13. I balance my bank statement regularly	1	2	3
14. I can use an Automatic Teller Machine (ATM)	1	2	3
15. I understand the consequences of breaking a lease	1	2	3
16. I can explain the benefits of having homeowner or renter's insurance.	1	2	3
17. I have completed an income tax form	1	2	3
18. I plan for the expenses that I must pay each month	1	2	3
19. I can name two ways to invest money	1	2	3
20. I can identify two ways to put money into savings	1	2	3
21. I keep a record when I pay bills	1	2	3
22. I can complete a money order	1	2	3
23. I can get to an appointment by myself, even if I have not been to that location before	1	2	3
24. I can describe two or more ways to search for housing	1	2	3
25. I know the necessary steps for getting a driver's license	1	2	3
26. I can compare housing choices based on cleanliness and costs	1	2	3

	Not like me	Somewhat like me	Very much like me
27. I have developed a budget	1	2	3
28. I compute discounts, for example, how much a \$12.90 item would cost after a 15% discount	1	2	3
29. I know the consequence of driving without insurance in my state	1	2	3

Self Care

1. I can identify two signs of pregnancy	1	2	3
2. I can identify two community resources that provide prenatal care	1	2	3
3. I can identify two ways to avoid peer pressure to use drugs	1	2	3
4. I can identify three methods of birth control	1	2	3
5. I can explain ways to protect myself from sexually transmitted diseases (STDs)	1	2	3
6. I know how to talk to a partner about sexually transmitted diseases (STDs)	1	2	3
7. I can describe two strategies for responsible drinking	1	2	3
8. I can explain what to do when a fever doesn't improve	1	2	3
9. I can resist pressure to have sex	1	2	3
10. I can explain how hygiene affects one's health	1	2	3
11. I can explain when it is best to make a doctor's appointment instead of visiting the emergency room	1	2	3
12. I know how to make a dental appointment	1	2	3
13. If illegal drugs are offered to me I can refuse them	1	2	3
14. I treat simple injuries like cuts, bites, stings and splinters	1	2	3
15. I know where I could go to get help with depression or other emotional problems	1	2	3

	Not like me	Somewhat like me	Very much like me
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Social Relationships

- | | | | |
|---|---|---|---|
| 1. I share my thoughts and feelings with my friends | 1 | 2 | 3 |
| 2. I turn to others for support when I have family problems | 1 | 2 | 3 |
| 3. I am part of a group, besides my family, that cares about me | 1 | 2 | 3 |
| 4. I show others that I care about them | 1 | 2 | 3 |
| 5. I encourage others to talk about their feelings | 1 | 2 | 3 |
| 6. I am comfortable with the number of friends I have | 1 | 2 | 3 |
| 7. I can identify two or more people I can turn to for help | 1 | 2 | 3 |
| 8. I usually receive feedback without getting angry | 1 | 2 | 3 |
| 9. I can safely interact with others on the internet | 1 | 2 | 3 |

Work Life

- | | | | |
|--|---|---|---|
| 1. I demonstrate the behaviors required of a good employee (e.g., being on time) | 1 | 2 | 3 |
| 2. I understand what is appropriate behavior in a job interview | 1 | 2 | 3 |
| 3. I accept supervision and direction | 1 | 2 | 3 |
| 4. I can ask a supervisor for help if I need it | 1 | 2 | 3 |
| 5. I have completed a job application | 1 | 2 | 3 |
| 6. I get along with co-workers | 1 | 2 | 3 |
| 7. I manage my time to complete tasks | 1 | 2 | 3 |
| 8. I thank people when they do things for me | 1 | 2 | 3 |

Extra Items

- | | | | |
|---|---|---|---|
| 1. I know where a fire extinguisher is located where I live | 1 | 2 | 3 |
| 2. I know the rights and responsibilities of a tenant | 1 | 2 | 3 |

	Not like me	Somewhat like me	Very much like me
3. I know how to get emergency assistance to pay utilities	1	2	3
4. I know whom to contact to get low income housing	1	2	3
5. I know where in my area I can go to access the Internet	1	2	3
6. I can explain the benefits of doing volunteer work	1	2	3
7. I can use resources other than the newspaper to find job openings	1	2	3
8. I have written my resume	1	2	3
9. I know where the nearest state employment office is located	1	2	3
10. I know how to use a computer	1	2	3
11. I understand what is included in employee benefits	1	2	3

Performance Items: Please mark the best answer for each of the following questions:

Career Planning

1. Which of the following is an award of money that a qualified undergraduate student does not need to repay?
 - A. An e-studentloan.com award
 - B. A Federal Pell Grant
 - C. A Sallie Mae grant
 - D. A Nellie Mae grant

2. What is the most important reason why personal contacts are important in finding a job?
 - A. Personal contacts can hire you themselves
 - B. Personal contacts may know of good job openings that might fit you
 - C. Personal contacts may know the job market better than you
 - D. All of the above

3. Which of the following should not appear on a resume?
 - A. Your name and address

- B. Your e-mail address and phone number
- C. Your age and race
- D. Your work and education experience

Daily Living

4. If you buy milk that has a label stating that “best used by September 15th,” this means?
- A. You need to use the product by September 1st
 - B. You need to use the product by September 15th
 - C. You need to buy the product by September 15th
 - D. You need to use the product by October 1st
5. A recipe requires you to add “4 tsp. of flour.” How much flour should you add?
- A. 4 cups
 - B. 4 eyedropper drops
 - C. 4 tablespoons
 - D. 4 teaspoons
6. To get the best prices at the grocery store, you should?
- A. Shop when you are hungry
 - B. Take a grocery list and compare prices on the items you want to buy
 - C. Buy only the products that are on sale, no matter what they are
 - D. Buy only enough for what you plan to eat that day

Housing & Money Management

7. All taxable income, less IRS allowable adjustments to income, is called?
- A. Net income (NI)
 - B. Adjusted Gross Income (AGI)
 - C. FICA
 - D. Annual Percentage Yield (APY)
8. A large extra payment that may be charged at the end of a loan or lease is called?
- A. A surprise payment
 - B. A Balloon Payment
 - C. An amortization
 - D. An Adjustable Rate Mortgage (ARM)
9. The period of time between the date a loan payment is due and when it is late is called?

- A. A grace period
- B. Float time
- C. Index
- D. Liability on an account

Self Care

10. Which of the following blood-alcohol levels is defined as legally drunk in all of the United States?
- A. .08 or more
 - B. .06
 - C. .04
 - D. .02
11. If you have a severe sharp pain on the right side of your abdomen, you should...?
- A. Ignore it; it is probably indigestion
 - B. Pay close attention to it; it may be appendicitis
 - C. Lay down until it goes away
 - D. Eat something because this means you are hungry
12. If a woman missed her period, starts to have an enlarged abdomen, and experiences some nausea and vomiting, what is very likely true about her?
- A. She may have the flu
 - B. She may have a venereal disease
 - C. She may be pregnant
 - D. She may need to see a psychotherapist

Social Relationships

13. The most important ingredient to a successful personal relationship is?
- A. Sex
 - B. Financial wealth
 - C. Trust
 - D. Humor
14. What is the ideal number of close friends to have?
- A. 1
 - B. 2
 - C. 3
 - D. None of the above; the ideal number varies from person to person

15. If someone you know worships differently than you, you should?

- A. Avoid them
- B. Think you are better than they are
- C. Respect them as much as anyone else
- D. Try to make them your best friend

Work Life

16. This helps you to remember to carry out all necessary job tasks, tackle the most important ones first, and not get stressed out by unimportant tasks:

- A. A to-do List
- B. A desk calendar
- C. A calculator
- D. A diary

17. A job application will probably ask for the following:

- A. Your name
- B. Your social security number
- C. Your proof of eligibility to work in the country
- D. All of the above

18. If a job ad says “must be a self-starter,” this means that you will probably?

- A. Have a great deal of direction from your supervisor
- B. Have very little direction from your supervisor
- C. Be doing direct sales
- D. Be doing a great deal of planning and forecasting in your job

Extra Items

19. When you're hired to a new job, you usually?

- A. Will have probationary status
- B. Will get retirement benefits
- C. Will get a raise within the first two weeks
- D. Will get a vacation within the first 3 months

20. The best way to clean a wool sweater is to?

- A. Machine wash it in hot water, with mild detergent
- B. Machine wash it in cold water, with regular detergent

- C. Take it to a dry cleaner or hang it to air out
- D. Hand wash it in hot water, with regular detergent

21. If you eat a steady diet of fast food, you will probably?

- A. Forget how to cook
- B. Have more time to do things you'd rather do
- C. Have more friends
- D. Gain weight

Assessment Evaluation

Not counting today, how many times have you taken an ACLSA assessment?

_____ times

I filled out this assessment (please mark all that apply):

- with an adult by myself with a friend

How did you like this assessment?

- I liked it It was OK I didn't like it

Additional Questions

This section is for use with questions provided by your school, agency or caregiver.
If no questions have been given to you, you may stop here. Thank you.

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